

INTRODUCTION



- ABCD stands for Action for Boston Community Development.
- It is a nonprofit organization funded by the government.
- The coordinators of the programs focus on advocacy, raising awareness on sexual health and providing community members with essential life skills.
- ABCD Boston actively collaborates/partners with a plethora of city organizations in the greater Boston area. The organization provides tools and assets for its community to remain both productive and healthy.
- ABCD also assumes a major roll in disseminating knowledge when it comes to sexual health and making sure that people are practicing safer sex.

(ABCD Action for Boston Community Development, n.d.)

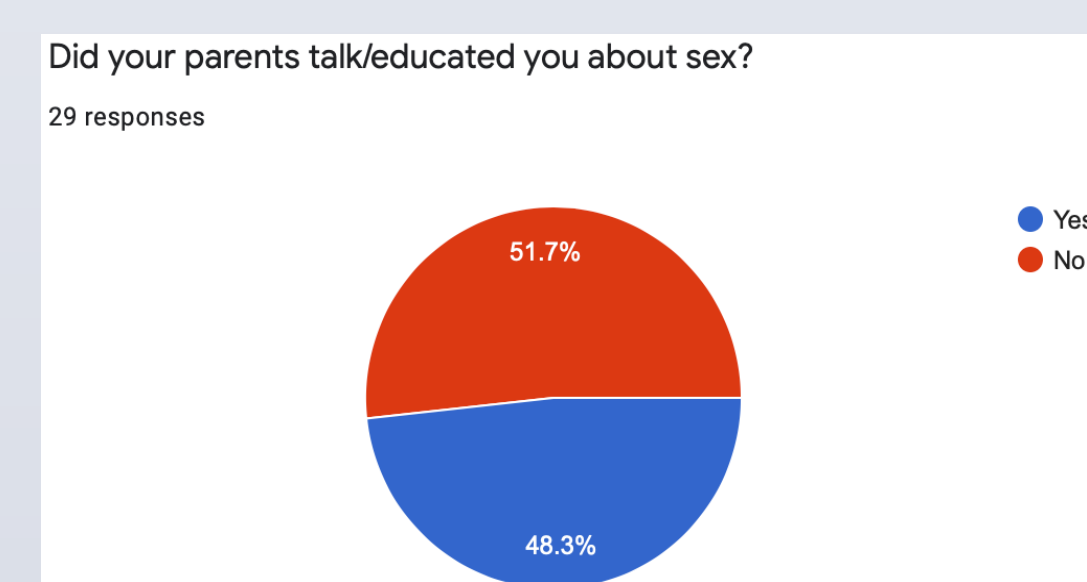
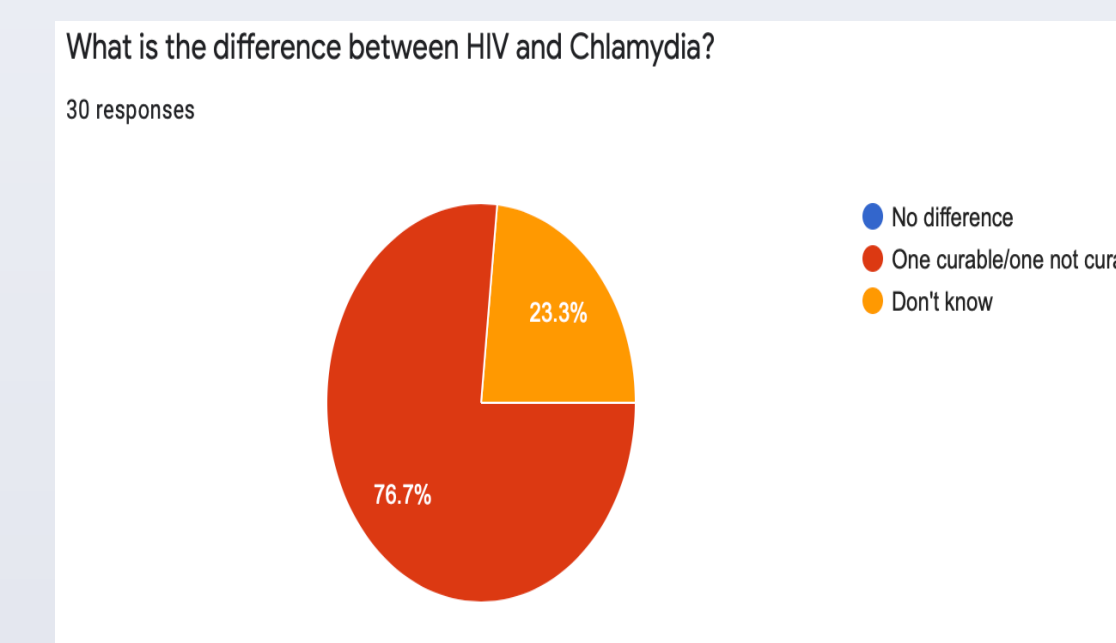
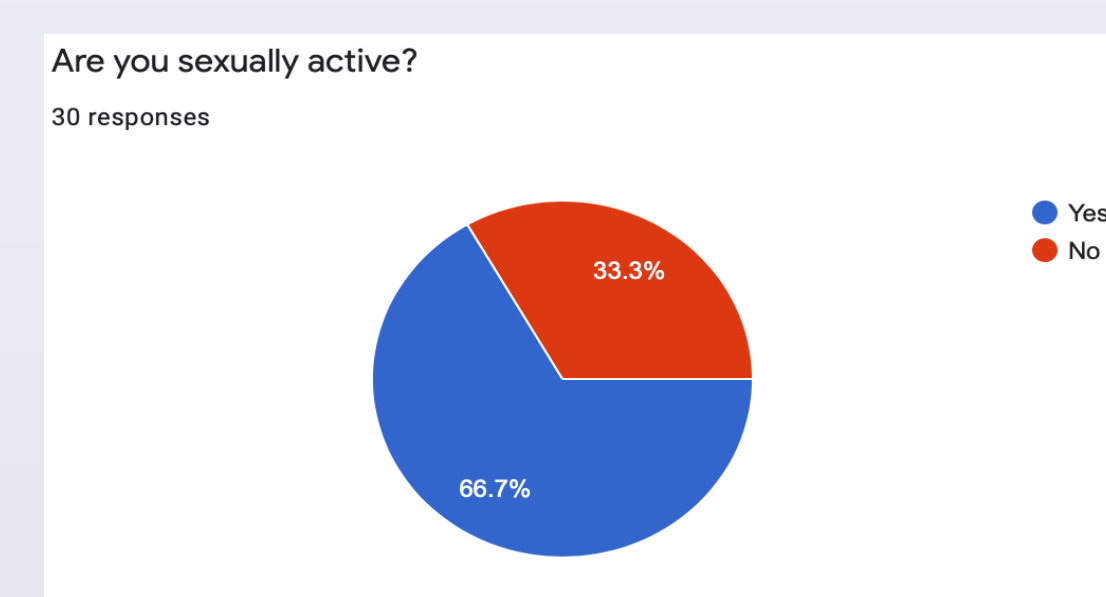
OBJECTIVES

- To conduct a sexual health survey focusing on Chelsea, MA youth from ages 14 to 20 for the purposes of acquiring introductory knowledge and informational gaps that will assist the author in creating a sexual health workshop.
- To develop a sexual health workshop that will provide resources, information, and a free safer sex kit for each attendee (Chelsea youth).

MATERIALS AND METHODS

- Created a survey questionnaire of eleven questions
- Designed an event flyer to reach my participants (sample size = 30 youth).
- Created a mailing list which was used to mail out safer sex kits.
- Conducted surveys manually, then transferred answers on google form to collect data. The data tabulate from the surveys helped me to understand my targeted group.
- Used survey data to create workshop.
- After the workshop, everyone that attended the online webinar received a safer sex kit provided by the organization, with contraception and instruction on how to use each tool.

RESULTS



- The results demonstrated that 51.7% of the audience did not receive their sexual education from their parents. This data motivated me to create an evidence-based educational workshop.
- The results demonstrated that survey participants (66.7%) were sexually active. To make a long-term impact, the organization provided individuals with reproductive care kits (condoms, lubricants, dental dams, and women condoms) after the workshop.
- The three survey questions above provoked the most inspiring conversations throughout the virtual workshop on sexual health. So many exciting voices and opinions made my learning and my participants' learning impactful.

Personal Reflection

- After completing this project, I was able to better understand the youth in my community. I learned so much about team building and what it takes to make sure the people who took part in my project were learning with me. My participants went from being reluctant on speaking about sexual health to wanting to attend additional workshops in the future.
- Putting this project together allowed me to build a team of community workers in which I intend to connect with for a lifetime.
- Due to this project, I am now able to assemble workshop's and lead by example from an organization that mentored and respected me as a person.
- I am the change I wish to see in the world. Without this experience, I would not have been able to experience the gratifying role of a sexual and reproductive health community educator.

RELATED LITERATURE

- "I consider how colorblindness and culture narratives allow stakeholders to abdicate responsibility for gendered racial inequality and conclude by advocating for the incorporation of racial and reproductive justice frameworks in sexual health promotion" (Barcelos, 2017, p. 1).
- "Religiously affiliated nonprofits have since been granted the right to an "accommodation" from the contraceptive mandate. Accommodations differ from exemptions in that employees and their dependents still receive no-cost contraceptive coverage, but the cost is shifted to the insurer or third-party administrator" (Chuang & Weisman, 2019, p. 3).

REFERENCES

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In loving memory of Irviene Goldson.